



NHS

Nottinghamshire Healthcare
NHS Foundation Trust

We are supporting the...

A trip to the dentist together

campaign



Looking after your children's teeth is as easy as 1, 2, 3...



Choose healthy, low sugar snacks



Brush your children's teeth twice a day



Take your child to the dentist every 6 months

To find a local dental practice www.nhs.uk

Don't forget to take your dental ticket...

